

Christianity the only true Comfort for Troubled Minds.

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A

SERMON Preach'd before the QUEEN,

In Her Chapel Royal at Saint James's.

SUNDAY November the 3d 1706.

S. MATTH. XI. 28.

*Come unto me all ye that labour and are heavy laden,
and I will give you rest.*

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and Chaplain in Ordinary to Her MAJESTY.

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S: MATTH. XI. Ver. 28.

Come unto me all ye that labour and are heavy laden, and I will give you rest.

OUR Blessed Lord had, in the Verse next before, (V.27.) declared the universal Extent of that Power committed to him by his Father ; and the Impossibility of attaining to a true and saving Knowledge of God, except by His Imparting and Assistance. After this there could remain but one possible Discouragement from applying to him for that purpose. Some Doubt, I mean, whether He, who alone is Able, be equally Willing, to make Men *wise unto Salvation*. Now the words of my Text express the Disposition, as those before did the Power, of doing us good. For nothing could more significantly set forth a most tender and extensive Charity to Mankind in their Distress, than this gracious, this general, this very affectionate Invitation, *Come unto me, all ye that labour and are heavy laden, and I will give you rest.*

I hope none who now hear me need be told, that by *Coming to Christ* is meant, in Scripture Language, an Approach of the Mind and Heart : Being, as the Greek Word signifies, *Proselytes* to his Doctrine, submitting to be taught and governed by him, in the Quality of Disciples, and Servants, and Followers. This is here prescribed as a Refreshment and Remedy for *Weary* and *Labouring* Souls. How fitly, will appear by answering Two Enquiries, which I shall make the Subject of my present Discourse.

I. *First*, What those Burthens of misery are, which expose Men to all that Hardship and Disquiet, thought fit to be intimated here by Weariness, and Labour, and Pain. And then,

II. *Se-*

I I. Secondly, What Comforts and Cures the sincere Obedience of Christ and his Gospel administers to each of these respectively.

I. As to the Causes of this Misery, They may, I think, be conveniently enough reduced to Three sorts: Such as arise

Either, First, From the Temper of the Jewish Law, and the State of Mens Souls under that Dispensation.

Or, Secondly, From a Consciousness of their own Sins.

Or, Lastly, From the Afflictions of the present Life.

1. The First of these, which regards the Jewish Law, though exceeding pertinent to our Lord's Purpose, and the Circumstances of the Persons with whom he was then conferring, is yet to Us, Blessed be God, of no farther Concern, than as the Weight of the Burthen, when rightly understood, may make us duly thankful for the Greatness of the Deliverance. Referring therefore to my Second Head so much as may be serviceable to that End: I proceed to the Next Burthen, which I presume our Saviour might have in view. And that is,

2. The Consciousness of our own Sins. It were easie to enlarge on this Occasion, by representing the Justness of giving to a vicious Course of Life the Titles of Weariness and Labour: How exactly they square to the insupportable Tyranny of ungovern'd Appetites and Passions, and to the endless Drudgery of attempting to gratifie them. But this I rather take to be insinuated at the 30th Verse, where the Yoke of Christ is affirmed to be *easie*, and his *Burthen light*. And therefore, since neither the Time permits, nor the Text obliges, me to go so far; I chuse to confine my Thoughts to that Sense of Guilt in particular, which we so often find David (Psal. 38. 4.) and other Holy Penitents in Scripture complaining of, as a Load very *sore*, and *too heavy for them to bear*.

At the instant of Commission we are warmed with Passion and eager Desire. The Prospect of some Plea-

sure or Profit carries us out of our selves ; and , like Soldiers in Battel , we are not sensible of the Wound , just at the Moment of its being given . But , when the Heat of Action is over , then like Them too , we grow stiff and full of Anguish . The Flush of our Spirits cools ; and the Gaiety of our false Expectations forsakes us . We begin to see the Fact as it really is , stript of all those counterfeit Beauties , in which Sensuality and the Subtlety of the Tempter had dress'd it up , to deceive us . And , upon a second and sober Recollection , nothing remains behind , but deformed Images of our Folly , and the smarting Scourges of a Self-condemning Breast .

And , Who is able to live under the Gnawings of This Worm ? Were there no other Torture in Wickedness , but that of being eternally dissatisfied with one's own self , and the clamorous Reproaches that sound from within , no Man of Reason and Ingenuity could long support it : None could think any Advantages of Sin worth his Purchase , at so dear , and withal so unbecoming , so unmanly a Price .

But , when the Matter does not end here ; When our Hearts therefore condemn us , (1 Joh. 3. 20.) because we have offended One , who is greater than our Hearts , and knoweth all things , One , who sees a great deal , which We never observed ; and punctually remembers many things , which We have long since forgotten ; and considers distinctly each Aggravation of those Crimes , which our Own Partiality hath , by all possible Artifice , laboured to soften and extenuate : When the Sentence we now pass upon out guilty selves , is but a Pledge and sure Anticipation of that future and final one , which shall be pronounced in Thunder by our angry Judge : And the present Horrors of a wounded Conscience fo many Foretastes of the fruitless and endless Agonies of the Damn'd : When , I say , the Cause stands thus with Sins unpardon'd , no wonder if such Remembrances be grievous , and the Burthen of them intolerable .

ble. And yet this and no better is the Condition , to which a Habit of Vice indulged reduces Men ; So bitter is the Reflection , so dismal is the Prospect , of an accusing Mind ; till thorough Repentance have made up the Breach , and God speak Peace and Reconciliation to it.

It must be confess'd , and is but too sad a Truth , that This is not the Case of every Wicked Man. Many even of the most profligate are utter Strangers to these Terrors , and commit the vilest things without any Remorse at all. St. Paul instructs us , how to account for their doing so ; when he says , *their Consciences are seared with an hot Iron* , (2 Tim. 4. 2.) and that they have so hardened themselves by Custom , as to be *past feeling*. (Eph. 4. 19.) If therefore Some work all Uncleanness with Greediness ; if they glory and triumph in their Shame ; Does this proceed from the Safety ? No , but from the Stupidity of their Souls. Yet these are the Wretches , that insult Religion and its Ministers , that often rejoice in , and boast of , such Insehability , as a Mark of their Happiness and Native Freedom. Vain absurd Men ! Why do ye not (for ye might with equal Reason) extol the peculiar Happiness of an Apoplexy , and the profound Tranquillities of a Lethargy ? In all these Cases Ease is equally the Symptom of Misery and Danger : For till the Patient be awakened into Tenderness and Smart , there is no Hope , no Possibility of a Cure. A *Wounded Spirit* is certainly very grievous and hard to bear , but even the painfulllest of those Wounds will bring more true Comfort at last , and are infinitely rather to be chosen , than that sottish Hardiness , which says of Guilt in general ; as Solomon's Drunkard did of his Wine ; *They have stricken me and I was not sick ; They have beaten me and I felt it not ; When shall I awake ? I will seek it yet again.* (Prov. 23. 33.)

3. The *Third Burthen* , which I presume to be intimated in the Text , was said to be , That Suffering and Disquiet of Heart , which may arise from the Afflictions

ons of the present World. The Greatest and most Prosperous of the Sons of Men are in no degree exempted from the Power of Providence ; but feel in their Fortunes surprising Changes , and frequent Interruptions. Diseases and Pains in their own Persons, Hazards and Losses in their Estates , Disappointments in their most promising Hopes and Undertakings , Parting with the Usefuleſt of their Friends , and the Dear-est of their Relations : And a thousand and ten thou-ſand Melancholy Events , which no Prudence can pre-vent , no Sagacity can foresee , and consequently no Wit of Man can particularly describe : Some or O-ther of These do more or less chequer the Life of every one of us. These there is no Remedy , but bear we must : And well it were , if all of us could bring our ſelves to bear them as we ought. The great Misfortune is , that , when these fall in with a black heavy Blood , weak Minds , or every tender Natures , the Impreſſion is too strong , Life it ſelf grows a Burthen , and all its Comforts are ſowred and swallowed up , by ſome too over-bearing Reſentment of Grief. And indeed even They , who are moſt happy , both in their Circum-ſtances and their Conſtitutions , do find the Mixture of Sweets in their Cup , or (which in regard of the point before us comes muſt to one) the manner at leaſt of their tasting and being affected with These , greatly overpoWer'd by that of their Bitter Part.

If then we view Mankind in this Melancholy Poſi-tion ; Exposed to infinite Sufferings and Temptations ; Push'd on to ſenſual Pleaſures by ſtrong Appetites , not to be gratified with Safety ; Violently averse to many Difficulties , which Reason and Honour forbide them to decline ; Liable to daily and hourly Alterations ; And much more ſenſibly moved with every Change from Better to Worse ; Destitute , Afflicted , Tormented ; And all without the Notices of any other State , or the Support of a Compensation to be made hereafter , where ſhall we find a Creature more truly pitiable ?

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I am not now considering, what Reliefs might be had from those Privileges, by which Humane Nature is so gloriously distinguished, supposing every Man to make the best, that can possibly be made, of Reason and Consideration. But I take Men as we find them, and as they commonal y order the matter. And thus I may be bold to ask, what those Privileges are generally in Fact, and in the Event, but so many fresh Instruments of new, unnecessary, and more grievous Troubles. Brutes are indeed a great dell beneath us in Dignity and Capacity, but are they not manifestly beneath us in several Aggravations of Suffering also? They feel the Present, and they feel That only. Their Evils are all of Nature's and God's sending: They do not fear what they cannot foresee, and when their Pains have done, they have done with them. And how supportable is This, in comparison of that which the Generality of Mankind endure, whose most and sorest Troubles are not the Work of Providence, but their own? They chew the Cud of every unpalatable Morsel, renew their Calamities by sad Reflections upon them when pass'd and gone, but forget the numberless Blessings that should balance These; are ever looking forward, and scaring themselves with distant Possibilities, and lose all Sense of present Good by ghastly Images of Evils that never come to pass at all. Thus are Reason and Memory turn'd upon our selves, and made our constant Executioners: As if the Prerogative of Mankind consisted only in a greater Dexterity to rack and torment themselves, than any other Creature here below is made capable of.

What Redress then shall wretched Mortals find, so qualified by Nature, so industrious by the Abuse of their Faculties, to contrive their own Misery and perpetual Disquiet? Will the Sense of a God, and Providence, and those Improvements of Reason, commonly called Natural Religion, administer Comfort and Relief? No: Not in any degree. These only

add Weight to the Burthen ; by representing our Crosses and Calamities , as the Disposals of a Power above us. For whatsoever might be said of his Wisdom , Good Men in Affliction could have slender Confidence in his Justice , or Benignity . A blind Chance were to such more eligible , than a Governour who sees and knows , but does not distinguish in his Distributions . Bad Men indeed could not accuse him of Iniquity : But would that make their Punishments one whit the more tolerable ? Surely it is not , nor ever can be , a Mitigation of our Suffering , to know we have deserved to suffer . Quite contrary ; It is the last and highest Aggravation , by adding the Sense of Guilt to that of Pain , and pointing all our Adversties with the Goads and Stings of a restless upbraiding Conscience .

So would the Case stand with Natural Religion ; and the Jewish could not mend the matter . For in a Law expressly covenanting (as that did) for Temporal Mercies and Judgments , the State of each Man's Fortunes would be expected to hold Proportion with his Deserts . Consequently , the more firm Persuasion of the Truth of God any Man entertained , the more uncomfortable must every severe Dispensation be to that Man ; because carrying the Signature of a Wise and Righteous God , angry and avenging some proportionable Provocation . And how dark , how dismal these Apprehensions are , how full of Horrour and Amazement , all who have felt them know ; And We , who are God's Ministers , too frequently can see , in Them , whose disordered Spirits and Religious Melancholy confound even Piety and Virtue it self , with the bare borrowed Form of Guilt , and imaginary Terrors of Despair .

Such was the Condition of Mankind before Christ ; Such is it still without Christ . Which , methinks , should prevail with all that hear me most passionately to desire a Remedy for so complicated a Misery . And where this may be found , I now proceed to shew , by observing under my

I I. Second Head, What Cures and Comforts the sin-
ere Obedience of Christ and his Gospel administers, to
each of those Griefs and Burthens already specified un-
der the First Head.

1. And here it is fit I begin with the *Jewish Law*: The
Burthen whereof is happily removed, and our thank-
ful Acknowledgments for its being so are due upon
these following Accounts.

As its laborious Ceremonies are abolished, and in
Their stead an easie and rational Service required at
our Hands. A Worship in Spirit and in Truth; The
Practice of noble and beneficial Virtues; worthy the
Majesty of God to accept, worthy the Dignity of Man
to pay; And such as sufficiently recommend them-
selves to the Sober Sense and Judgment of every consider-
ing Person.

A second Instance of our Happiness in this respect
is the Provision made against the Inefficacy of the Le-
gal Sacrifices, by the One, the Universal, the perfect
and sufficient Oblation of the Lamb of God: The
Lamb, who alone could take away Sin; The Lamb,
who once offered takes away the Sins of the whole
World; The Lamb, of which those under the Law
were Types and Shadows, and derived all their Worth
and Title to Acceptance from prefiguring Him.

The Rigour of that Law is also remitted, by chan-
ging the Obedience of works into that of Faith: By
making gracious Allowances and large Abatements for
unavoidable Accidents and Infirmities, and receiving
Men upon Terms consistent with frail and corrupt Na-
ture. By proposing to all Sinners truly Penitent, and
to all Good Men sincere in their Endeavours, that
They shall be justified by the Merits of Another, who
could not have any of their One to expect that
Blessing from.

Upon the whole Matter then, the Gospel, though
a Yoke, is a gentle and easie Yoke, in comparison
of That shaken off and exchanged for it. The Cove-
nant

nant now struck with Mankind accommodates it self to our Capacities ; It is possible to every honest and willing Mind. It treats us with more Respect , no longer as Servants , but as Children , nay as Heirs : It is also established upon more glorious Promises : Not the Inheritance of an Earthly Canaan , or Abundance of Corn and Wine ; but off Joys exalted and refined : Figured to us indeed by *eating and drinking with our Heavenly Father in his Kingdom* ; but in reality suitable to the utmost Desires of a Rational and Immortal Soul ; Even the ravishing Delights of His Presence , with whom there are Pleasures unconceivable , inexhaustible Rivers of Pleasure for evermore. (Psal. 16. 12.)

2. The Next Advantage to be considered is That which the Christian Religion brings to Them , who are grieved and wearied with the Burthen of their own Sins. Now the fundamental Point of this Religion is a Saviour and Redeemer. One , who is the Beloved , the Only Begotten Son (Joh. 3. 16.) of God , and therefore He must needs be able ; One who came into the World for that very purpose , that all , who believe in Him should not perish , but have everlasting Life . And therefore He cannot but be willing doubtless ; to save to the uttermost them that come to God by Him. (Heb. 7. 25.) One , who hath washed us in his own Blood , nailed the Hand-writing that was against us to his Cross , (Rev. 1. 5.) and triumphed over Sin in his Death . (Coloss. 2. 14.) One , who , we are perfectly assured , hath effected all this , in that God raised him from the Dead . For nothing less than the full Payment of our Debt could have rendred the detaining him in the Grave impossible. And therefore the Justice of God , when opening the Prison , and releasing our Surety , did by that very Act acknowledge Satisfaction. To be baptized , to believe , to repent , to engage , and to live , as becomes Christians , this is still , and this is all , left upon Us to do. And though all our Actions will continue imperfect , and too many of them may happen to be very impure ; yet still there is

Mercy to pardon , still there is Grace to assist . And Them , who are careful not to abuse These , are those peaceful Voices sounding from above , *My Strength made perfect in Weakness , (2 Cor. 12. 9.) and Son , be good cheer , thy Sins be forgiven thee . (Mat. 9. 2.)*

The Terrors of Satan may possibly disturb , and the mistakes of a timorous Mind , wrought up by an unhappy Complexion , may sometimes deject even such good Men as these . But so long as they give Diligence heartily to bewail all involuntary , and to avoid all presumptuous Wickedness ; They may accost their tumultuous Spirits in David's Soliloquy , *Why are thou sad , O my Soul , and why art thou so disquieted within me ? I will put thy Trust in God : (Psal 43. 5.) For , as one better instructed than David argues , Who shall lay any thing to the Charge of God's Elect ? It is God that justifieth . Who is he that condemneth ? It is Christ that died , yea rather but is risen again , who is even at the right Hand of God , who also maketh Intercession for us . (Rom. 8. 33, 34.) He*

tears out every Sigh and Groan , is conscious to everyensive Thought , puts those Tears into his Bottle , (Psal. 6. 8) with which the pious Mourners wash their Beds ; Ver 6.) interposes his own Blood and Sufferings , keeps the trembling Penitent from the Justice of an angry God , and brings him before a reconciled and tender Father . A Father , whose Bowels yearn over the Miseries , which his ungracious Children bring upon themselves ; And a Father always ready to receive with open Arms the most prodigal and lost of all his Sons , when they abandon their Extravagance , and come back to Him and their Duty . This is our Rock , the Refuge and Confidence of frail and guilty People , that if we be Sinners , we are such as Christ came into the World to save : (1 Tim. 1. 15.) That no Offences can be so enormous , which his Propitiation is not more than equivalent for ; no Sickness so desperate , but this Spiritual Physician is able to heal it . And they are the Diseased , they are the Polluted , that He comes to :

They

They are the *Weary*, They are the *Heavy laden*, whom he calls. And He would not bid them come, if He were not willing to receive them. He that invites in general terms, does not exclude the worst : And the Worst, provided they be *weary*, sensible of their Burthen, and desirous to be eased of it, shall not be thought unwhorthy of Refreshment, and Support, and Deliverance.

3. *Lastly*, Those Disquiets which arise from Worldly Afflictions are likewise most effectually affwaged and healed by the Doctrine and Service of Christ. For it is the peculiar Glory of the Gospel to have *brought Life and Immortality to Light*, (2 Tim. i. 10.) and , by establishing the Certainty of One to come , to have given us a right understanding of the State we now are in. Hence we learn to distinguish between a transient Condition of Discipline and Trial, and one of Duration and final Retribution. Hence , that the Season of Rewards and Punishments , strictly so callad , is not yet ; nor the Fate of Men fix'd and absolutely determin'd here below. Consequently , that no certain Judgment can be made of our selves , (Eccl. 9. 1.) or of others , from the differen Fortunes dispensed to them : Nor any peremptory Sentence pass'd , whom God loves or whom he hates , by any thing , or by all the things that are at present before us. The same Adversity may be, to One the Blow of an Enemy , and to Another the Chastisement of a Father : To One meant for a Scourge of his Vices , To Another , an Exercise of his Virtues : To Both very serviceable, in order to present Improvement , and to future Happiness. And therefore it is easie to discerne how it may consist very well , not only with the Justice , but even with the Mercy of God, to afflict the Best of Men ; in regard no Life is so unblameable as not to deserve some Correction ; nor any Example of Piety yet so bright , as not to be capable of still greater Lustre.

Now when these Reflections have been duly made
(which

which to be sure they have not , till we are seriously convinced , that all Events are disposed by One who is wiser than We , One , who sees and weighs our Circumstances throughly , One , who loves us infinitely , and seeks all Occasions to do us Good .) Whe then have a Comfort solid and adequate to the severest of his Appointments concerning us . And this is a Comfort peculiar to Christianity ; Because no other Institution ever did or could set the Demerits of Sinners , the Love of God to Mankind , and our Hopes of a Bliss immortal , in their true Light . The utmost that Philosophy can pretend to upon this occasion is in the very worst Sense of the Poet's Terms , *Verba & Voces* , Words only and empty Sounds in comparison . For ten thousand such Volumes as *Seneca* and *Epictetus* can never lie so close at our Hearts , or give that sweet Repose to Spirits in Perplexity ; as this single Text from St. Paul rightly applied would do : *Our light affliction , which is but for a moment , worketh out for us a far more exceeding and eternal Weight of Glory.* (2 Cor. 4. 17.)

I ought not to leave this Head without adding , that , to prevent all Disappointment or Mistake in our Expectations from the Promise in my Text , we must proceed with some Distinction , concerning the Burthens severally spoken to . That of the Jewish Law is indeed quite taken off ; But from the Other Two we are not totally delivered : And must therefore think our Lord as good as his Word , if at present we be strengthen'd against Sin , and supported under Affliction . The Son of God himself , who is our Pattern , had his Temptations and his Agonies . And His Example will direct us , how to interpret his Promise , when either of those Cases happens to be ours . He had the Ministry of Angels in Both ; We in proportion have Leave to depend upon a mighty , though invisible , Assistance ; The Protection of God's Providence , the Presence of his Grace , to sustain and defend , to strengthen and to rescue us . A peaceful Conscience ; a Mind contented , even ,

even , and serene ; A lively Faith , stedfast Trust , and
cheerful Hope . In these is the Repose of a Good Man
while Mortality detains him here below . But the time
is drawing on , when such as come to Christ shall actu-
ally cease from Sin , and be at perfect Rest from the La-
bours and Troubles of Life . For the Seeds of Immor-
tality are already sown , and have taken Root , though
they cannot bring Fruit to Maturity , except we die .
And nothing can go higher than This . No Calamity
can , in the Reason of the thing , be a Match for that
Comfort , which is qualified to reconcile us even to
Death , and can disarm that last grim Adversary of all
his Sting and Terrore . And this is done to every good
Christian , by rendering his Grave a Passage to Light
and Bliss , and the Separation of Soul and Body an Ex-
pedient necessary to consummate the Happiness of Both .

And here I should have concluded , did not the Re-
spect due to our Holy Mother the Church of England
oblige me to put you in mind , how properly she hath
chosen the Words I have Been treating of for an Encou-
ragement to , and how glorious an Accomplishment
the Promise contain'd there finds in , our devout Ap-
proaches to the Sacrament of the Lord's Supper . An
Ordinance , which it were a Criminal Boldness to cele-
brate ; did not his kind Command enjoin it , and his
condescending Invitation beget a just Confidence , that
They who comply with it shall be graciously received .
And , Is it possible , that He should bid us come to him ,
nay that He should come forth , and meet , and offer
himself to Us , in this most noble , most beneficial ,
most comprehensive Institution , and we turn our Backs
upon , and stupidly refuse so astonishing a Mercy ?
Surely , if there be in us any Reverence or Gratitude to
Christ , if any real Concern for our own Comfort and
Salvation , we shall not , we cannot behave our selves
so unworthily . For where is Their Reverence , who
call themselves his Disciples , and decline an Act of
Worship of their Lord's positive Institution : A distin-
guishing

ishing Worship peculiar to Our Character , because
 Man is created to , and centering in the Blessed Jesus , in the
 quality of God-man , and the Saviour of the World ?
 Where is their Gratitude , who affront the Pledges of
 their dying Master's Love , and despise his Legacy , by
 with-holding a Tribute of Thanks appointed to be ren-
 dered after this solemn manner , in remembrance of
 that precious Body broken and Blood shed , to which
 all the Blessings of the Present , and all the Hopes of the
 next Life are owing ? And how can They be in earnest
 desirous of true Happiness and Comfort , who will not
 be persuaded to these Holy Mysteries , wherein the se-
 veral Causes of their Misery might meet with most suit-
 able and seasonable Relief ? According to the Wise-
 man's Observation , the Manna of old served the Ap-
 petites of the Eater , and tempered it self to every Man's liking .
 (Wisd. 16. 21.) But to this Bread of God its Antitype ,
 there is due a yet nobler Commendation : For This
 not only feasts the Palate , but supplies and accommo-
 dates it self to all the spiritual Wants and Exigences , of
 every one that hungers after Righteousness .

Come hither then , Ye that have wearied your
 selves with Inquiry , and expended your Time and
 Thoughts upon the Vanities of this World . Come ,
 that you may see how gracious the Lord is , and taste
 the much sweeter Delights (to which you have too long
 been strangers) prepared for them that sincerely love
 and devote themselves to Him .

Come hither , Ye humble trembling Penitents , mor-
 tified with Guilt , and fearing it too great to be forgi-
 ven : Come , that your Faith may be strengthned , when ,
 by these lively Remembrances of a dying Son of God ,
 ye are taught how much it cost to redeem your Souls .
 And then suffer your selves to doubt , if you can , whe-
 ther He who spared not his own Son , but delivered Him up
 for us all , will not with Him also freely give you all things .
 (Rom. 8. 32.)

Come hither , Ye Sons and Daughters of Affliction ,

that

that the Representation of an innocent Jesus, once crucified, but now exalted to the Right Hand of God, may at the same time posses your Souls with Patience under Sufferings less than you deserve, and solace them with these Foretastes of a Bliss hereafter, greater than you can possibly deserve.

Come, You that have been injured and persecuted traduced and disgraced ; You that confine your Bowels or Affection to your Kindred, or your Friends, or your Party, or your Country ; Come, that the Commemoration of a Master, praying for his Murderers, and pouring out his Heart's Blood for a whole World, a World of Enemies and Rebels, (for such and no better are Sinners) that this, I say, may melt you into Compassion, enlarge your Disposition to forgive, and convince you, that a Christian's Charity ought to be, like his Master's, boundless and universal.

Come, Ye that are apt to be born down by Temptations, and disheartned with the Difficulties of your Duty ; Join your selves to this Captain of your Salvation, by receiving the Symbols of that Body and Blood, which are the Sustenance of the Spiritual Life, the Recruits of the Faint and Feeble, the Vigour of the Healthful, and the Security of the Strong.

In a Word, Come all of you to this meek indulgent Saviour, in the Way of his own Appointment : Lay down your Cares and Miseries at his Feet, be but content to abandon your Sins and your Sorrows, and you shall certainly find Rest and Peace.

And do Thou, O Blessed Jesus, who hast so condescendingly invited us by thy Holy Word, vouchsafe to speak to our Souls so effectually by thy Grace, that Each of us may readily and sincerely answer, after thy Example, *Lo, I come to do thy Will, O God.* (Heb. 10)

Grant this for thy Mercy's sake, Who with the Father and the Holy Spirit livest and reignest one God, World without end. Amen.



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